

Staff is not required to report any medical diagnoses when calling in for a shift. If the employee chooses to disclose their COVID-19 diagnosis, we educate them on the most current CDC recommendations included below.

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>

- **Stay home for 5 full days**
 - Day 0 is counted as the day symptoms began **OR**, if asymptomatic, the day of the positive test
 - Spend the next full 5 days at home; these are Days 1-5 (see the example below)
 - Day 0 – Sunday, Jan. 02
 - Day 1 – Monday, Jan. 03
 - Day 2 – Tuesday, Jan. 04
 - Day 3 – Wednesday, Jan. 05
 - Day 4 – Thursday, Jan. 06
 - Day 5 – Friday, Jan. 07
This equals 5 full days of home isolation, making the employee first eligible to return to work on Saturday, Jan. 08, if other criteria is met.
 - Follow your department’s normal sick call-in procedure

- **You may leave your house/return to work after 5 full days if:**
 - Your symptoms are resolving or gone **AND**
 - You do not have a fever
 - You must be fever-free for 24 hours without the use of fever-reducing medications before returning to work.

- **For the following 5 days, you MUST:**
 - Wear a well-fitting medical-grade mask when working or inside any MUHC facility;
 - Not care for moderate or severely *immunocompromised patients for 10 days post symptom onset or test date
 - Continue wearing a mask around all others.